***Week Menu November 5 - 11***

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***Monday***

***Soups***

* *Red Lentil Butternut Squash Soup*
* *Creamy Broccoli Soup with Pesto*

***Specials***

* *South Indian Vegetable Curry with Basmati Rice and Mango Chutney*
* *South American Chili with Quinoa and Guacamole*

***Bake of the Day***

* *Spinach Pie*

***Tuesday***

***Soups***

* *Spinach Mung Dhal*
* *Winter Root Vegetable Soup*

***Specials***

* *Vegetable Korma with Basmati Rice and Mango Chutney*
* *Ratatouille with Quinoa and Coconut Cheddar*

***Bake of the Day***

* *Lasagna*

***Wednesday***

***Soups***

* *French Lentil Soup*
* *Zucchini Soup with Cashew Cream*

***Specials***

* *Pumpkin and Tofu Curry with Brown Rice and Date-Tamarind Chutney*
* *Bliss Burger Patties with Roasted Potatoes and Cashew Aïoli*

***Bake of the Day***

* *Spinach Pie*

***Thursday***

***Soups***

* *Mung Bean Soup*
* *Beet-Coconut Soup*

***Specials***

* *Red Thai Curry with Tempeh and Jasmine Rice*
* *Vegetable Moussaka with Cashew Tzatziki*

***Bake of the Day***

* *Lasagna*

***Friday***

***Soups***

* *Indian Dhal*
* *Portuguese Kale Soup*

***Specials***

* *Palak Paneer with Yellow Basmati Rice and Date-Tamarind Chutney*
* *Nut & Vegetable Loaf with Mashed Potatoes and Mushroom Sauce*

***Bake of the Day***

* *Spinach Pie*

***Weekend Special***

***Soups***

* *Mum's Pea Soup*
* *Carrot-Ginger Soup*

***Specials***

* *Cambodian Vegetable Curry with Bean Sprouts and Jasmine Rice*
* *Black Bean & Beet Patty with Roasted Potatoes and Guacamole*

***Bake of the Day***

* *Lasagna*

***♥ All the soups and specials are gluten-free and vegan ♥***

***♥ All the specials come with salad on the side ♥***