

Find your path
Find yourself
Learn to Meditate



**FREE
WORKSHOP
In English**

By Pratul Halper from Austria, a personal student of meditation-Master Sri Chinmoy. Pratul is open, kind and encouraging and will share simple meditation techniques that anyone can try.

Tuesday 12. October 19³⁰
Saturday, 22. February, 15⁰⁰-18⁰⁰
Unity center, Møllergate 23
(above Youngstorget)

www.oslomeditation.org